Social Skills Training
Social Skills Training classes are time limited classes intended to improve interpersonal skills, social interactions and increase pragmatic language. Classes use a detailed curriculum with measurable outcomes. **Parent participation is required**.

Behavior Classes
California Psych Care (Parent Education Classes) offers training classes for parents held at the regional center to learn strategies and techniques for developing positive behavior strategies.

Support Groups
SCLARC has a variety of support groups for individuals/families that are offered at various locations. Please contact the Family Resource Center at (213) 744- 8882 for more information.

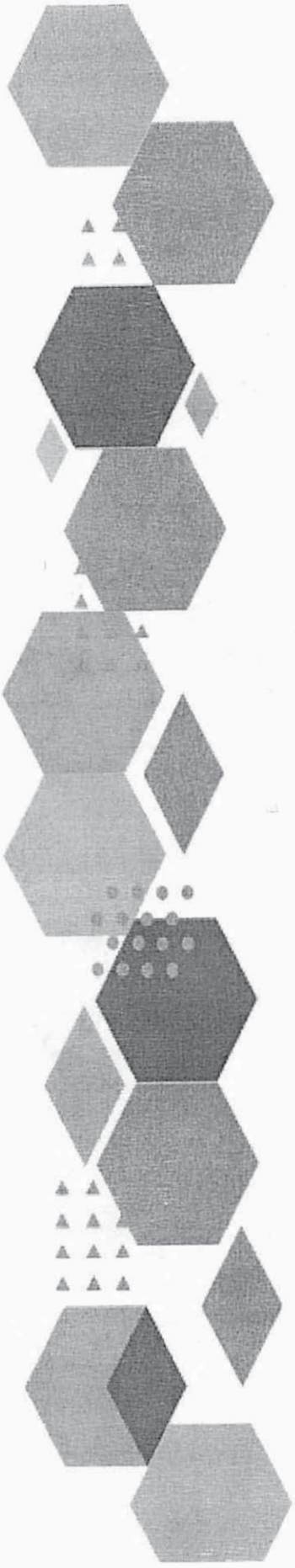
IEP Support from SCLARC Educational Team
A referral to our Ed Support team can be made for families who may need assistance with the IEP process and/or getting appropriate services through the school districts.

Family Resource Center
Our center offers support groups and referrals to valuable generic resources. Please call (213) 744- 8882 for more information.

Translation
IPP/IFSP Translation services are available upon request for parents whose primary language is not English.

Incontinence supplies
Referrals can be made to assist families with securing supplies available through Medi-Cal or through SCLARC funding if related to eligibility diagnosis and no other source is available.

Transportation
Parents of children 3-18 years of age are expected to provide transportation to appointments and activities. The local education agency is responsible for providing transportation to public or non- public school pursuant to an individualized education program plan. On an exceptional basis, if the child's disabilities prevent the use of public transportation, or the family is unable to transport the child as a result of illness or disability, the Regional Center may arrange for transportation through the use of a voucher, purchased bus pass, or by a regional center vendor



Please discuss your individual needs with your service coordinator.

adolescents
11 years to 17 years

Your child has recently has entered an exciting and tumultuous time of life – Adolescence – the Teen Age Years. As a parent, you are faced with many changes both at home and at school. Your child has moved onto a middle school or high school campus that is overwhelmingly big. Your child is growing and changing and we know that you need all of the help you can get! Adolescent Services are listed below with a brief explanation of the support for an Adolescent.

This is a list of services commonly requested services by age group. It is intended to be a guide for consumers/families. Not all consumers/families will be eligible to receive all of the services listed because services, by law, are based on individual needs. Please discuss your individual needs with your service coordinator.

Case Management
A Service Coordinator (SC) will be assigned to develop Individual Program Plans (IPP) and assist the family with arranging appropriate services.

Crisis Support Services
SCLARC has a crisis response teams that provide support when individuals and families are in crisis due to emotional or serious behavior issues. You can sign up with a team, which we recommend, before there are problems for on-going support and wellness checks.

In-home Respite Care
Parents and other family members can get periodic assistance with the constant care and supervision of a client to relieve family stress or in emergencies.

Overnight/out of home respite
SCLARC can provide up to 21 nights per year to provide support while a parent/guardian is out of town and unavailable to provide care.

Day Care supports (sometimes referred to as Specialized Supervision)
Parents who are working full time can get additional hours to provide for supervision primarily during after-school hours.

Residential Services
SCLARC has options for licensed residential homes that provide different services and different levels of staffing depending on the individual needs

Behavior Intervention (Funded if family is exempt from SB 946 insurance requirement.)

Behavior intervention services are specialists who provide training and instruction to assist families, clients and caregivers in developing positive strategies and techniques to manage behaviors. ***Parent participation is required!***

Behavior Intervention Co-Pay, Co-Insurance and Deductibles

If your family member receives behavior intervention services funded by insurance, SCLARC is able to assist with insurance Co-Payments, Co-Insurance and Deductibles if your family meets the income requirements. (Welfare & Institutions Code 4659.1.

Social Skills Training

Social Skills Training classes are time limited classes intended to improve interpersonal skills, social interactions and increase pragmatic language. Classes use a detailed curriculum with measurable outcomes and ***require parent participation***.

Behavior classes

California Psych Care (Family Behavioral Services) offers classes for parents at the regional center to learn strategies and techniques for managing behaviors.

Support Groups

SCLARC has a variety of support groups for individuals/families that are offered at our center. Please contact the Family Resource Center at (213) 744- 8882 for more information.

The SCLARC Educational Team

A referral to our Ed Support team can be made for families who may need assistance with the IEP process and/or getting appropriate services through the school districts.

Family Resource Center

Our center offers support groups and referrals to valuable generic resources. Please call (213) 744- 8882 for more information.

Translation

IFSP/IPP Translation services can be available for parents whose primary language is not English.

Incontinence supplies

Referrals can be made to assist families with securing supplies available through Medi-Cal or through SCLARC funding if no other source is available.

Please discuss your individual needs with your service coordinator.

Self-Advocacy Groups
SCLARC has a very active Consumer Advisory Committee (CAC) that hosts a number of self-advocacy groups located throughout SCLARC's service area. Dates and locations are typically posted on the SCLARC website.

Some Medical Equipment, if no other resources available
Referrals can be made to assist families with getting needed medical equipment available through Medi-Cal, other generic resources, or through SCLARC funding if no other source is available.

Referrals to community agencies, events, and other generic resources are also available through your Service Coordinator and the SCLARC Family Resource Center.

Please discuss your individual needs with your service coordinator.

adulthood
18 years of age and above

Your family member has reached adulthood and looks forward to new possibilities! Many young adults remain in school until they are 22 years old. *When the individual leaves school with a Certificate of Completion or a Diploma work and day services are available.* For all young adults, future planning is a must. SCLARC provides services that assist our young adults with their future plans. Young Adult Services are listed below with a brief explanation of each support.

This is a list of services commonly requested services by age group. It is intended to be a guide for consumers/families. Not all consumers/families will be eligible to receive all of the services listed because services, by law, are based on individual needs. Please discuss your individual needs with your service coordinator.

Case Management
A Service Coordinator (SC) will assist you with arranging appropriate services.

Crisis Support Services
SCLARC has 2 crisis response teams that provide support when individuals and families are in crisis due to emotional or serious behavior issues. You can sign up with a team, which we recommend, before there are problems for on-going support and wellness checks.

In-home Respite Care
Parents and other family members can get periodic assistance with the constant care and supervision of a client to relieve family stress or in emergencies.

Overnight/out of home respite
SCLARC can provide up to 21 nights per year to provide support while a parent/guardian is out of town and unavailable to provide care.

Behavior Intervention
Behavior intervention services are specialists who provide training and instruction to assist families, consumers and caregivers in developing positive strategies and techniques to manage behaviors. ***Parent or support staff participation is required***!

Social Skills Training
Social Skills training classes are time limited classes intended to improve interpersonal skills, social interactions and increase pragmatic language. Classes use a detailed curriculum with measurable outcomes and ***require parent participation***.

Please discuss your individual needs with your service coordinator.

Support Groups
SCLARC has a variety of support groups for individuals/families that are offered at our center. Please contact the Family Resource Center at (213) 744-8882 for more information.

Family Resource Center
Our center offers support groups and referrals to valuable generic resources. Please contact the Family Resource Center at 213-744-8882 for more information.

Day Services
SCLARC offers a variety of adult day services that include site based licensed day programs; community based day programs. Individuals can participate in a variety of programs suited to their individual needs, such as improving daily living skills, training in a vocation, volunteering, performing arts, and technology.

Employment
Consumers can be referred to a Supported Employment vendor who can assist with job development in an appropriate group or individual job placement. Job coaching hours can also be funded through DOR and/or SCLARC based on the individual's needs.

Independent Living (ILS)
Adults can receive time limited training in areas such as, shopping, cooking, budgeting, housekeeping, and self-care skills with the goal to become more independent in daily living. (Typically provided to individuals already living outside of the family home. SCLARC also provides ILS on a short term basis for those living with family members when the goal with measurable outcomes is live more independently.)

Supported Living (SLS)
Individuals who reside in their own home may need on-going supports. A supported living service is an individualized service that is able to provide staff to assist and train individuals in all aspects of their life. SLS is required to provide 24 hour a day emergency assistance in addition to on-going supports. Regardless of an individual's disability, they are eligible for SLS as long as they have the funds for rent, food and utilities. SCLARC provides SLS up to 24 hours per day, 7 days per week dependent on the individual supports needed.

Residential services
SCLARC has options for licensed residential homes that provide different services and different levels of staffing depending on the individual needs.

Please discuss your individual needs with your service coordinator.

Family Home Agencies
Many individuals want the option to live with a family. Family Home Agencies provide that option. Individuals can move in with a certified family in their home with supports. Certified Families receive on-going training as well as supports to assist an individual to become a member of their "family".

Personal Assistance Support
Some individuals require someone to help them with daily living activities, such as bathing, dressing, and meal preparation. SCLARC can offer these supports through Personal Assistants.

Transportation
Adult consumers should be assessed to determine their potential for independent travel on public transportation or paratransit.If the consumer has demonstrated this potential, then mobility training should be provided. Generic resources for funding must be explored prior to the provision of funding by the Regional Center.

Driver Training
SCLARC may assist with the fees for driver education classes if the individual meets the qualifying conditions; the first 25 hours of classes will be the responsibility of the consumer.

Self-Advocacy Groups
SCLARC has a very active Consumer Advisory Committee (CAC) that hosts a number of self-advocacy groups located throughout SCLARC's service area. Dates and locations are typically posted on the SCLARC website.

Some Medical Equipment, if no other resources available
Referrals can be made to assist families with getting needed medical equipment available through Medi-Cal, other generic resources, or through SCLARC funding if no other source is available.

Referrals to community agencies, events, and other generic resources are also available through your Service Coordinator and the SCLARC Family Resource Center.

Please discuss your individual needs with your service coordinator.

SCLARC Directory

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